



Returning to Ireland: Your roadmap

Online event

Thursday 8th October
19h00 CET

With

cross care migrant project



Returning to Ireland webinar for Irish emigrants living in France

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Citizens Information Board
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WHO WE ARE AND WHAT WE DO



The **Citizens Information Board** (CIB) is the statutory body which supports the provision of information, advice and advocacy on a broad range of public and social services.

We provide the **citizensinformation.ie** website, and support the nationwide network of:

- **Citizens Information Centres**
- **Citizens Information Phone Service**
- **Money Advice and Budgeting Service (MABS)**
- **National Advocacy Service for People with Disabilities**
- **Sign Language Interpreting Service (SLIS)**



RETURNING TO IRELAND

For information on returning to Ireland from abroad visit:
www.citizensinformation.ie/returningtoireland



WHERE TO START...



1. [Have a plan](#)
2. Find out if your [spouse, or partner needs a visa](#)
3. Find [somewhere to live](#)
4. Look into [schools / education](#) and [getting your qualifications recognised](#)
5. Start [looking for work](#) before you return
6. Organise [your finances](#)
7. Look into [healthcare entitlements](#), and [social welfare](#) supports
8. Find out about [coming home with children](#)
9. Read up on retirement if you are [coming home to retire](#)
10. Look into [setting up a business](#) if you are interested in doing so

Do your research, reach out to others who have made the transition, and get support if you need it.



RETURNING TO IRELAND DURING C-19



For information on returning to Ireland during the COVID-19 pandemic, including:

- Travel
- Restricting movement on return
- Health information
- Income supports
- Housing

See: www.citizensinformation.ie/en/returning_to_ireland/returning_to_ireland_and_covid.html



COVID-19 IN IRELAND (1/2)



Ireland's first case of COVID-19 (coronavirus) was confirmed on 29 February 2020.

The Government has introduced a range of [public health measures](#) to reduce the spread of COVID-19, including:

- **Self-isolation** for people with symptoms/waiting for a test/who have tested positive for COVID-19,
- '**Cocooning**' for people who are higher risk of the disease,
- Wearing '**face-coverings**' in shops and on public transport,
- **Restricted movements** for 14 days for anyone arriving from abroad (apart from people travelling from NI, and '[Green list](#)' countries)
- A mandatory [COVID-19 passenger locator form](#) on arrival from abroad.



COVID-19 IN IRELAND 2/2

The Government has published '[Resilience and Recovery 2020 – 2021: Plan for Living with COVID-19](#)'.

It is a framework for managing COVID-19 over the next 6 months, and sets out 5 levels that correspond to the severity of COVID-19 in a location.

Level 1 is for locations where COVID-19 is the least severe and means that restrictions on the activities of people and businesses are at their lowest level.

	Level 1	Level 2	Level 3	Level 4	Level 5
Social & Family Gatherings	Use of premises for up to 10 people	Use of premises for up to 5 people	Use of premises for up to 3 people	No social gatherings	No social gatherings
Weddings	Up to 100	Up to 50	Up to 25	Up to 5	Up to 2
Indoor Events	Up to 200	Up to 100	No indoor events	No indoor events	No indoor events
Outdoor Events	Up to 200	Up to 100	Capacity of 15	Capacity of 5	No outdoor events
Sports Training	Individual training only	Group training (max 15)	Group training (max 15)	Group training (max 15)	Individual training only
Matches & Events	Up to 200	Up to 100	No matches or events	No matches or events	No matches or events
Gyms, Pools & Leisure Centres	Open for public use	Open for public use	Open for public use	Open for public use	Open for public use
Religious Services	Open for public use	Open for public use	No religious services	No religious services	No religious services
Bars, Pubs, Cafes & Restaurants	Open for public use	Open for public use	Open for public use	Open for public use	Open for public use
Hotels	Open for public use	Open for public use	Open for public use	Open for public use	Open for public use
Mobile, Car Washes & etc.	Open for public use	Open for public use	Open for public use	Open for public use	Open for public use
Health & Social Services	Open for public use	Open for public use	Open for public use	Open for public use	Open for public use
Indoor Cultural Venues	Open for public use	Open for public use	Open for public use	Open for public use	Open for public use
Workplaces	Open for public use	Open for public use	Open for public use	Open for public use	Open for public use
Domestic Travel	Open for public use	Open for public use	Open for public use	Open for public use	Open for public use
Public Transport	Open for public use	Open for public use	Open for public use	Open for public use	Open for public use
Schools & Children	Open for public use	Open for public use	Open for public use	Open for public use	Open for public use
Adult & Higher Education	Open for public use	Open for public use	Open for public use	Open for public use	Open for public use
Care Homes	Open for public use	Open for public use	Open for public use	Open for public use	Open for public use
Over 70s & Medically Vulnerable	Open for public use	Open for public use	Open for public use	Open for public use	Open for public use

RETURNING FROM FRANCE DURING C-19



You will need to fill in a [COVID-19 Passenger Locator Form](#).

You will then be expected to **restrict your movements for 14 days after you arrive in Ireland**. Restrict your movements for 14 days even if you receive a negative COVID-19 test result.

Restricting your movements means **avoiding contact with other people and social situations as much as possible**.

Avoid:

- Going to work
- Using public transport
- Having visitors at your home
- Visiting others, even if you usually provide care for them
- Going to the shops or pharmacy, unless it's absolutely necessary
- Meeting with older people, pregnant women or anyone with a long-term medical condition



WHAT TO DO IF YOU FEEL ILL ON RETURN



Self-isolate and call any local doctor. Do not go to a doctor's surgery, pharmacy or hospital.

The doctor will assess you over the phone, and arrange for a test if they think you need one.

Self-isolation means staying indoors and completely avoiding contact with other people, including people you live with.

You should only stop self-isolating if:

- You have had no fever for 5 days
- It has been 10 days since you first developed symptoms

If you live with others, they also need to restrict their movements.



WHERE TO FIND OUT MORE



- **Returning to Ireland:** www.citizensinformation.ie/returningtoireland
- **Returning to Ireland during COVID-19:** www.citizensinformation.ie/en/returning_to_ireland/returning_to_Ireland_and_covid.html
- **COVID-19 in Ireland:** www.citizensinformation.ie/en/covid19/covid19_overview.html
- **Health information on COVID-19 from the HSE:** www2.hse.ie/coronavirus
- **Government measures during COVID-19:** www.gov.ie/en/campaigns/c36c85-covid-19-coronavirus/
- **Travel advice from the DFA:** www.dfa.ie





Email us at **returning2ireland@ciboard.ie**

www.citizensinformation.ie

